

Pain Management in the NICU

Internet Enduring Material

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Accreditation

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Time to Complete

The estimated time for completion of this Internet Enduring Material is 65 minutes.

Target Audience

This presentation is intended for physicians, advanced practice providers, and other clinicians practicing within the Neonatology specialty.

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Disclosure of Relevant Financial Relationships

Rachel Greenberg, MD, MB, MHS, faculty for this educational activity, has the following relevant financial relationships with ineligible companies to disclose: Consulting Fee-Oak Hill Bio; Tellus Therapeutics. *FDA Disclosure(s)*: discussion of off-label pain medications for infants.

Timothy Biela, MD, Nicole Brenson and Jaya Sariga, NNP-BC, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

Commercial Support

There is no commercial support for this educational activity.

Overview

Many clinicians do not understand the true knowledge and evidence gap related to pain management in the NICU. This activity addresses the recognition, assessment, and treatment of pain in critically ill neonates. Non-pharmacologic interventions and pharmacologic agents are each appraised for efficacy, short-term safety, and long-term neurodevelopmental safety. At the conclusion of the activity, learners will assess pain systematically with a validated tool, apply non-pharmacologic measures as first-line therapy, and adopt a unit-level protocol with a tiered escalation approach matched to pain severity.

Objectives

At the conclusion of this activity, the participant will be able to:

- Describe different therapeutic strategies used for managing pain in infants hospitalized in the Neonatal Intensive Care Unit.
- Identify evidence gaps related to pain management in the Neonatal Intensive Care Unit.

ACGME/ABMS Competencies

- Medical Knowledge
- Practice-based Learning and Improvement
- Systems-based Practice

IOM Competencies

- Employ Evidence-based Practice

Participation and Credit

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)[™]*, or nursing contact hour(s).

There are no fees for participating in or receiving credit for this online educational activity. For information on the applicability and acceptance of credit for this activity, please consult your professional licensing board.

Contact

Should you have any questions or concerns, please contact us at continuing.education@pediatrix.com